
Conference Objectives

- * To celebrate women's birthrights, particularly choice of birthplace
- * To mobilise participants to actively support strategies which facilitate normal childbirth
- * To promote the advantages of normal childbirth to the general public via media coverage of the event.

About the speakers...

Dr Sarah Buckley - A NZ trained GP and mother of four children - all born ecstatically at home. Sarah writes and lectures about the transformative journey of birth, sharing ancient women's wisdom and critiquing current practices in pregnancy, birth and parenting from both scientific and personal perspectives. For more information visit www.womenofspirit.asn.au/sarahbuckley.html

Pinky McKay - author of "Parenting by Heart" and "100 Ways to Calm the Crying". A former nurse and mother of 5, Pinky includes humour and love in her common sense approach to parenting. Visit www.pinky-mychild.com for more details.

Justine Caines - National President of Maternity Coalition, Secretary of Homebirth Australia, and mother of four homeborn children. Justine is one of Australia's leading birth activists. Featured on "60 Minutes" in May 04, Justine's dedicated enthusiasm is driving birth reform throughout Australia. www.maternitycoalition.org.au

Rev. Cate Juno - Australian born Mother of three, Cate was ordained as a Buddhist Priest in Japan. Her special ministry is to those whose babies have died during pregnancy or after birth, regardless of the cause. These babies are called "Water Babies" in Buddhism because they have come from the waters of their mothers womb. Cate's non-denominational *Wabi'an Ministry* is one of acknowledgement of loss, sharing grief, and opportunities for healing through prayer and ceremony.

Dr Tracy Reibel - Mother, Researcher, Birth Activist and Churchill Fellow, Tracy is co-author of the National Maternity Action Plan (NMAP) and former Program Manager of the Community Midwifery Program WA.

**The Homebirth Conference is for...
maternity consumers, midwives, doctors,
natural therapists, childbirth educators,
everyone interested in birth!**

About Mandurah

Mandurah is located less than an hour's drive south of Perth and is the gateway to the Peel Region. Mandurah has blossomed in the past decade into WA's fastest growing city. Set around Mandjar Bay which abounds with wildlife including dolphins, the city's restaurants and cafes, art galleries and shops, ocean marina complex and cultural centre reflect the easy-going lifestyle which attracts visitors all year round. The Peel Region boasts great wineries, forests, rural beauty and ocean beaches.

Be sure to allow extra time to explore Mandurah and the Peel Region when you visit!

A wide range of accommodation to suit all budgets is on offer at Mandurah.

The conference venue **Mandurah Gates Resort** is located just a short walk to the city centre or beach. Units are serviced daily and the resort has a swimming pool, spa, sauna & restaurant.

Standard rooms start at \$109, with spa suites and family units also available.

For bookings phone **08 9581 1222**
visit www.holidaywest.com.au
or email mangatesresort@tik.com.au

For information about other accommodation options and transport from Perth Airport to Mandurah contact Mandurah Visitor Centre

on **08 9550 3999**
visitor@mandurah.wa.gov.au
www.peeltour.net.au
www.westernaustralia.net

23rd Australian
Homebirth Conference 2004

Reclaiming Normal Childbirth - How and Why



*Celebrate the beauty, wonder
and power of normal birth*

30th and 31st October 04

**Mandurah Gates Resort,
Mandurah, Western Australia**

Reclaiming Normal Childbirth - How & Why

Program - Saturday 30th Oct

8.00 - 9.00 **Registrations**

9.00 **Opening Ceremony & Welcome**

9.30 **Dr. Sarah J. Buckley**

Reclaiming Normal Birth - Why?

10.15 **Dr. Tracy Reibel: Community**

Midwifery- Honouring Women's Rights

10.45 *Morning Tea*

11.15 **Rev. Cate Juno: Wabi'an Ministry -**

Loss, acknowledgement & healing

12.00 **Teresa Hawke**

A personal story of loss and healing

12.30 *Lunch*

1.30 *Belly Dancing*

1.45 **Pinky McKay: Parenting by Heart**

Restoring the confidence to nurture

2.30 *Afternoon Tea*

3.00 **Justine Caines - Maternity Coalition**

Pushing for Birth Reform

CONCURRENT SESSIONS (Choose one)

3.40(i) **Waterbirth: gentle, joyous, empowering.**

Explore labour and birth in warm water
with Mary Murphy & Gabby Targett

3.40(ii) **How can Father's keep birth normal?**

Sam Weinstein: Family Nurturing Centre
Explores the Father's role in homebirth

EVENING FUNCTION (Optional)

6-8pm **Edwards Waterfront Restaurant**

Guest speaker - **Dr. Jane Talbot**

"Why I support homebirth"

Various stalls displaying interesting products, art and information will be available during Sat afternoon.

Program - Sunday 31st Oct

8.30 **Homebirth Australia AGM**

9.30 **Registrations**

10.00 *Welcome...*

10.05 **Dr. Sarah J. Buckley**

Reclaiming Normal Birth - How!

10.45 *Morning Tea*

11.15 **Homebirth after Caesarean (HBAC) -**

How & Why: A mother's perspective
with Birthrites-Healing after Caesarean Inc

12.00 *Lunch*

1.00pm **CONCURRENT SESSIONS (Choose one)**

A Natural Therapies for Mother and Baby

Homeopathy Workshop with Jan Owens;

WA Wildflowers "Living Essences"

with Kadiimbi Barnao;

Baby Massage with Pinky McKay.

B Belly Art Workshop by "Scribblyfaces"

Creative hands-on fun for all, plus 2 pregnant
women's bellies will become works of art for free.

C Spirituality of Birth

Women from various cultures share their beliefs
and practises—facilitator Bronwyn Key

2.30 *Afternoon Tea*

3.00 **Mothers & Midwives—Open Forum**

What homebirth means to women
and their midwives.

4.00 **Presentations and Closing Ceremony.**

Both days will feature musical entertainment and birth films created by Vicki Chan and Nic Edmondson - Enjoy!

Registration

Name

Address.....

.....Postcode.....

email Phone.....

Concurrent Sessions - (Circle one per day)

Saturday 30/10 (i) Waterbirth

(ii) Fathers & Normal Birth

Sunday 31/10 A. Therapies for Mother & Baby

B. Belly Art Workshop

C. Spirituality of Birth

CONFERENCE FEES

** Includes lunch, morning and afternoon teas*

Earlybird - Payment received by **10 Sept. 04**

\$180 Full Conference

\$100 - 1 Day - Sat or Sun (Circle one)

Regular Registration: Payments **after 11/9/04**

\$210 Full Conference

\$120 - 1 Day - Sat or Sun (Circle one)

Group bookings - 10% discount for 6 or

more participants all paid together.

Saturday Evening Function - Separate fee -

3 Course meal—\$ 40 per person. Please indicate
your interest in attending and add to payment total
Yes / No

PAYMENTS - Send cheque/Money Order to:

Treasurer, Australian Homebirth Conference,

PO Box 2014, Carlisle North WA 6101

**A limited number of discounted places
may be available for not-for-profit group
members and families. Inquiries to:
Sonia Fels 08 9472 3587**

www.edsite.com.au/birth/index.html